# SitRep

# NATIONAL POPPY CAMPAIGN

Sandra and I were pleased to attend the launch of the National Poppy Campaign at Rideau Hall on October 25<sup>th</sup>.

Her Excellency the Right Honourable Mary Simon, Governor General and Commander-in-Chief of Canada, welcomed veterans and guests to the presentation.

There was something special about being in such a regal setting and watching the Governor General pin poppies on senior veterans who served during WWII and Korea. What an honour.



We mingled with people from numerous veteran and military organizations and of course, spent extra time with the young women in cadet uniforms.

Cathy Priestman



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#### UPCOMING EVENTS:

Lumber Jill Party – November 13 –

Wonder Woman Wednesday – November 16 –

Kingston LifeShop – November 25-27 –

Veterans Christmas Market and She Shed Sale – December 3 –

**PEPPER P**(11) Centre de ressourcement des vétéranes Retreat Centre for Women Veterans

#### The Pepper Pod - Retreat Centre for Women Veterans



WONDER WOMAN WEDNESDAY

We are thrilled to welcome The Honourable Anita Anand, Minister of National Defence to our next Wonder Woman Wednesday.

Join us on Zoom at 7pm on November 16, 2022 for an intimate conversation with one of the most powerful women in Canada. We'll learn more about Minister Anand, the journey to her current position and what the future holds.

And... we'll welcome questions from YOU – the other wonderful women on the call!

Spaces are limited so register here and we'll send you the link to this special event: <u>HTTPS://PEPPERPOD.</u> <u>CA/EN/EVENTS/</u> <u>WONDER-WOMEN-</u> <u>WEDNESDAYS-2022-11-16/</u>

> Welcome to our new Ottawa tribes!

# ALICE AND THE CHEEKY PEPPERS

On Saturday Oct. 1<sup>st</sup> the "Cheeky Peppers" Tribe took on the CluedUpp Ottawa Outdoor Escape Room Experience – Alice in Wonderland Team Challenge!

It was a Trifecta of events – starting with a team snack and crafts night, (Check out our amazing themed fascinator

Do you have

a fun story from

your tribe?

We'd love to hear

about it!



hats), followed by the game itself on Saturday morning, and we wrapped up with a leisurely lunch to catch-up and support one

another as members of the tribe and our loving

forest always do.

Hahaha – it was so much fun as the Cheeky Peppers embraced teamwork, good cheer, while at the same time helping each other and other teams!

The day was so fun you might just see us back in full costume next year and we welcome you to join us!

A big shout out to the Pepper Pod for supporting Team Cheeky Peppers!

Ann Arsenault

#### Lumber Jill Work Party, Party

#### It's Lumber Jill Time! BYO axe... seriously.

If you were here last year, you know you don't want to miss this Pepper Pod event.

We're thrilled to invite you to our next Lumber Jill Work Party on Sunday, November 13, 2022, 10:00 am - 4:00 pm at the Pepper Pod.

Bring your strong arms and generous hearts to help us chop firewood and do a few other odd jobs around the centre. We'll keep your toes warm and bellies full with lots of hot chocolate, coffee, apple cider and a hot, scrumptious lunch! There will be music and other surprises too.

Bring your work gloves and axes, your energy and your enthusiasm. Oh, and plaid shirts are a plus!

<u>HTTPS://PEPPERPOD.CA/EN/EVENTS/</u> <u>LUMBER-JILL-WORK-PARTY/</u>







## Veterans Christmas Market and She Shed Sale

#### Jingle Bells,

Jingle Bells,

#### Jingle all the way.... to the Pepper Pod Veterans Christmas Market & Party!

Get into the holiday spirit this year at the Pepper Pod's Veterans Christmas Market. Support our veterans and local artisans, while celebrating the holidays on the Pepper Pod's enchanting grounds. Join us for seasonal shopping, food, drink and music. Oh, and don't forget your wish list!

**Looking for a unique piece for your Christmas décor this year? How about an original Pepper Pod Gala centrepiece?** We're pleased to offer you a Christmas version by pre-sale. Perfect for your holiday table! (Available for pick up on December 3<sup>rd</sup> at the Christmas Market)

For more info, visit: <u>HTTPS://PEPPERPOD.CA/EN/EVENTS/</u>

# Are you a veteran vendor looking to sell your wares at the She Shed Sale?

#### We'd love to hear from you!

Contact julia@pepperpod.ca and consider joining our Veterans Christmas Market.



# WANT TO BE A PART OF THE PEPPER POD FOREST?

#### Here are four ways you can help...

- 1. Become a voice for women veterans: join the Memory Project so kids in schools can see some diversity in speakers. <u>HTTPS://WWW.THEMEMORYPROJECT.COM/</u>
- 2. Organize an activity in partnership with us. For example, Snow-she-ing Under the Stars was a huge success last winter and so was the Dragon Boat Race. Both were led by Lifeshop Graduates.
- 3. Connect us with corporate sponsors.
- 4. Donate <u>here</u>. Yeah, asking for money is never fun. But we have big plans for this place...and we also need a new vacuum cleaner.

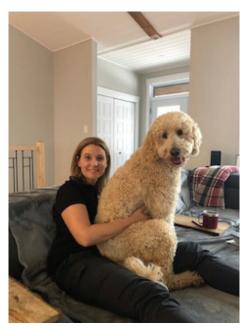
Contact us today to share your ideas at info@pepperpod.ca

# PARTNERS IN THE PEPPER POD FOREST

The Pepper Pod Retreat Centre is in the Gatineau Forest. When you look outside, you can see how the immense trees lean on and support one another during storms and strong winds.

We do that too! We lean on partners who believe in our mission, who endeavour to support us in so many ways. Every month we'd like to highlight some of these precious partners...

- Lockheed Martin: Gold sponsors of the recent Pepper Pod Gala, is a leader in global security and aerospace and they are champions of women, led by a woman! The team will be visiting the Pepper Pod for a special event in December and we are very excited to welcome them!
- Versatil BPI is a leading provider for Business Intelligence and Performance Management consulting and training services in Ottawa & Gatineau. Big supporters of the Pepper Pod and a silver sponsor of the Sept 2022 Pepper Pod Gala. Versatil is Indigenous LGBTQ2+ Women owned...Wow! Those are a lot of headwinds for a tech company, but they are growing at light speed. (Sylvie Ouellette, the managing partner, is also one of Gunther's favourite humans!)



**Can't join us?** Why not donate to support our mission?

#### DONATE HERE

We need your help to maintain this centre and to keep developing our services. We want to grow intelligently, diversify our services, and keep the retreat centre beautiful.

**PEPPER POD** Centre de ressourcement des vétéranes Retreat Centre for Women Veterans